Do You Want Success or Freedom?

Being successful means getting what you want.

Being free means wanting what you get.

Which is preferable and which is possible?

Wanting what you want is normal, natural.

Wants arise based on a multitude of things.   
And wants then turn into intentions that put a process into motion.

Sometimes that process leads to the results you envisioned.

Sometimes it doesn’t. Ultimately, you don’t have control

Over the results, or outcomes you get.

With repetition, practice, failures, and small successes

You will tend to realize larger successes.   
Success takes work and it takes time.

Being free is quite a different game.

It is simply wanting what you get, realizing

You don’t have ultimate control over what you get.

So, a want arises and you set an intention

And you go to work in the direction of your goal.

The chances are good you won’t hit your goal the first time.

This is not a problem; it’s the way things work.

The first time a baby tries to walk they don’t succeed.

In fact, they fall down over and over and over.   
But this is not a problem for the baby.   
It’s just what’s happening.

So, they make another attempt, and another.

And they will usually get encouragement from their parents.

And before too long, they are standing and walking

And then running, skipping, and jumping.

They are experiencing both success and freedom.

They are getting what they want and wanting what they get.

But as life goes on, things get harder, more complex.

Success is more elusive.   
Failures are more frequent.

This is not a problem unless the failures are seen as a problem.

“I’m not getting what I want. That’s a problem.

Therefore, I’m unhappy, I’m miserable.

I’m not OK that I’m not as successful as I think I should be.”

But, for some reason you made it up that failure is a problem.

Perhaps you learned this from someone else:  
“You must succeed at this or you are not OK.”

This isn’t inherently true, but if you believe it

You will suffer and feel bad about your failure.

But you can see your failure differently.

When you fail, you learn. You learn what doesn’t work.

What a wonderful thing to learn!

Sure, you want to succeed. You want to get what you want.

But failing to get what you want is clearly   
Part of getting what you want.

So, whatever it is you get, it is also what you want.

And your goal shifts from getting rewards

To growing… by going for what you want.

The rewards still come but you are happy in the process.

When you want what you get

You also tend to get more of what you want.

But it’s OK when you don’t get it.   
You just try something else.

This is a natural process. It doesn’t take any effort.

It doesn’t mean anything if you succeed or fail.

So, what do you want? Success or freedom?

Have both.

They are ultimately the same thing.